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2 **HIV Populations are Large and Accumulate High Genetic Diversity in Nonlinear**

3 **Fashion**

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28 **Abstract**

29   HIV infection is characterized by rapid and error-prone viral replication resulting

30 in genetically diverse virus populations. The rate of accumulation of diversity and the

31 mechanisms involved are under intense study to provide useful information to understand

32 immune evasion and the development of drug resistance. To characterize the

33 development of viral diversity after infection, we carried out an in-depth analysis of

34 single genome sequences of HIV *pro-pol* to assess diversity and divergence, and to

35 estimate replicating population sizes in a group of treatment naive HIV-infected

36 individuals sampled at single (N=22) or multiple, longitudinal time points (N=11).

37 Analysis of single genome sequences (SGS) revealed non-linear accumulation of

38 sequence diversity during the course of infection. Diversity accumulated in recently

39 infected individuals at rates 30-fold higher than in patients with chronic infection.

40 Accumulation of synonymous changes accounted for most of the diversity during chronic

41 infection. Accumulation of diversity resulted in population shifts, but the rates of change

42 were slow relative to estimated replication cycle times, consistent with relatively large

43 population sizes. Analysis of changes in allele frequencies revealed effective population

44 sizes that are substantially higher than previous estimates of approximately 1000

45 infectious particles/infected individual. Taken together, these observations indicate that

46 HIV populations are large, diverse, and slow to change in chronic infection and that the

47 emergence of new mutations, including drug resistance mutations, is governed by both

48 selection forces and drift.

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Introduction

Infection with human immunodeficiency virus type 1 (HIV) results in lifelong persistent infection. In most cases, HIV infection results from expansion of a single or limited number of viral variants (24, 41, 49, 59), producing an initially uniform virus population. From the time of infection, HIV genetic diversity emerges as a function of mutation, drift, recombination, selection and population size. Early in infection, genetic diversity increases in a linear fashion (22), at rates somewhat lower than that predicted by the rapid (generation time 1-2 d) and error prone replication program (with the unselected reverse transcription mutation rate (3-5 x 10^{-5} mutations/base/replication cycle,31). HIV variants emerge with mutations at a number of positions; distribution of genetic distances in these early populations largely approximates a Possion distribution, suggesting that, in general, sites undergo mutation at random. Emergence of variants with mutations at specific CTL sites is relatively frequent, and suggests that although mutations may occur at random, individual variants emerge as escape mutations (22, 24). These data (22, 24) demonstrate a strong role for both mutation and selection in the formation of initial populations in infected individuals. After years of infection, substantial genetic diversity accumulates, and this highly diverse population can rapidly respond to selective pressures, facilitating immune escape, and resistance to antiviral drugs. Understanding how new mutations emerge and become fixed in HIV populations is critical to designing effective strategies for the prevention and suppression of these sequelae (2, 8, 9, 15, 16, 33, 37, 42).

Although much has been learned regarding establishing HIV infection in vivo, critical gaps in our understanding persist that limit our understanding of the dynamics of HIV populations and the emergence of drug resistance. In particular, the size of the replicating HIV population in vivo remains uncertain. Relatively small population sizes (<1000 infected cells/replication cycle/ infected individual) have been reported, implying that stochastic effects and genetic drift will predominate with the potential for rapid emergence of mutations and shifts in population structure. In contrast, we and others have suggested a relatively large replicating population in vivo, with considerable contribution of deterministic effects, including slow shifts in population structure(45, 47). Most prior studies of HIV diversity in infected patients focused on *env*. *env* datasets are

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81 characterized by high diversity and are rich in strongly selected immune response sites,
82 but do not offer potential to understand detailed emergence of antiretroviral drug
83 resistance. In addition, high genetic diversity presents substantial challenges in obtaining
84 datasets that are not biased by selective amplification; genetic diversity and an excess of
85 insertions and deletions also render *env* datasets difficult to align with confidence,
86 complicating detailed phylogenetic and population genetic analyses.

87   To investigate HIV population genetics parameters, including population size in
88 regions relevant to antiviral drug resistance to the majority of antiretrovirals, we
89 investigated a 1.3 kb amplicon in *pro-pol*, which includes positions where mutations
90 conferring escape from the CTL response as well as resistance to commonly used
91 treatment regimens are found (33, 51). This region has a degree of genetic diversity
92 (0.8% -2% average pairwise difference (20, 32, 38)) in chronically infected individuals
93 that is suitable for detailed fine structure analyses of HIV populations using phylogenetic
94 (20, 32, 38) and population genetics approaches (1, 3, 11, 32, 45). We investigated *pro-*
95 *pol* diversity in 33 treatment-naïve individuals by analyzing large collections of
96 individual HIV sequences, in many cases at multiple time intervals after infection. *Pro-*
97 *pol* diversity varied almost 100-fold, from 0.02% in recently infected individuals, to more
98 than 2% in individuals infected more than 15 years. This new dataset permitted a detailed
99 analysis of HIV genetic variation, from which robust measures diversity, divergence, and
100 population size were obtained.   Total sequence diversity (including synonymous and
101 nonsynonymous changes) was strongly correlated with duration of infection even during
102 chronic infection. Increases in genetic diversity over time correlated with increases in
103 synonymous but not nonsynonymous mutations, and did not correlate with plasma HIV
104 RNA level or CD4+ T cell counts. Studies of 11 patients sampled over 1-14 years
105 revealed that the genetic composition of HIV populations changed slowly; significant
106 shifts in HIV populations occurred only after 100-1000 viral generations. We estimated
107 that the effective replicating virus population is at least 10-fold larger than previous
108 measurements derived using analysis of *env* sequences. The size and diversity of the
109 replicating populations suggests that both selection and drift are important mechanisms
110 leading to the emergence of HIV variants *in vivo*.
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Materials and Methods

Patients

All HIV infected patients were enrolled in studies of HIV infection at the NIH Clinical Center; patients donated blood samples after giving written informed consent. Duration of infection was estimated in recently infected patients using time of onset of symptoms. All such patients were enrolled in natural history studies of recent HIV infection; all were at least 18 years old, had a recent (<8 weeks) history of an acute febrile illness, consistent with symptomatic HIV infection syndrome following exposure. They also had a history of a nonreactive HIV-1/2 ELISA within a year prior to enrollment or were documented to have plasma HIV >100,000 copies/ml plasma) with an evolving or negative HIV western blot following exposure. Of the remaining patients none had recent history of seroconversion syndrome and the date of the first positive western blot was used to estimate the minimum duration of infection. HIV RNA levels were determined using bDNA Versant version 3.0 (Bayer, Inc.) as previously described (13). CD4 cell subsets were determined by standard clinical immunophenotyping.

Ethics Statement

All participants in this study were enrolled in clinical protocols (00-I-0110, 97-I-0082, 95-I-0072) approved by the NIAID Institutional Review Board (FWA00005897) administered at the NIH Clinical Center in Bethesda, Maryland. Individuals underwent an informed consent process and provided written consent for participation.

Single Genome Sequencing

Plasma from patients was frozen within 5 h of phlebotomy. Specimens were subjected to single genome sequencing as described (23). An amplicon encompassing 297 nt of protease and ca. 700-1200 nt of RT was sequenced. As previously demonstrated (23, 38) *pro-pol* sequences obtained by SGS from each individual patient were highly correlated and were clearly distinguishable from other patient single genome sequence datasets (data not shown). Sequences in Genbank have accession numbers XXX-YYY.

Alignments and Analyses

Sequences were aligned with Clustal W using DNASTAR/Megalign (DNASTAR, Inc; Gap penalty = 2.00, Gap length penalty 2.00). Neighbor joining trees were constructed through Megalign and confirmed in gap stripped neighbor joining trees in

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143   PAUP using pNL4-3 as outgroup; nodes were tested for significance in PAUP using 1000

144   bootstrap replicates; nodes with >75% bootstrap significance were identified. Measures

145   of diversity (average pairwise distances, denoted APD and expressed as a percent, using

146   p distances to determine pairwise differences; p distance is defined as the number of

147   nucleotide differences between two single genome sequences /total nucleotides sequences

148   (48). In all of these studies, intra-patient p distance determinations were relatively small

149   (<0.03); as described by Nei and Kumar (35) and Nei(34), in the setting of such low p

150   distances, phylogenetic trees using uncorrected p distance provide greater accuracy than

151   trees constructed using more complicated models because of substantial increases in the

152   variance of more complicated models. As expected, therefore, calculating genetic

153   diversity by p distance and Jukes-Cantor corrected p distance yielded nearly identical

154   results that were highly correlated throughout the range of APD (r^2=0.9999).

155   We obtained an average of 22 (range 9-51) sequences for each time point. To

156   investigate the precision of genetic diversity by this method, we generated model

157   populations with comparable genetic diversity and obtained random samples for genetic

158   diversity determinations.

159   All polymorphisms (excluding indels) in individual patients were identified and

160   the positions of polymorphisms in each patient alignment were tabulated. Allele

161   frequencies were analyzed with Microsoft Excel based programs.

162   Replicating population sizes were compared in eleven study patients with

163   longitudinal sampling available. Coalescent estimation of N_e was performed as

164   previously described (58) using the formula:

165    $\Theta=2N_e\mu$ where Θ is the neutral mutation parameter that defines a neutral

166   coalescence process; for these calculations, Θ is estimated by the nucleotide diversity π,

167   defined in (48) as the average number of nucleotide substitutions per site between two

168   sequences, and μ is the neutral mutation rate per sequence per generation   (using 3.4 x

169   10^{-5} as the per site mutation rate).

170   Changes in allele frequency were also used to estimate N_e (54, 55, 57) using:

$$F = \frac{1}{n}\sum_{i=1}^{n}\frac{(x_i - y_i)^2}{((1 - x_i) + (1 - y_i))/2 - (x_i y_i)}$$

$$Ne = \frac{t}{2(F - \frac{1}{S1} - \frac{1}{S2})}$$

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173   where n = number of alleles per locus, x_i and y_i represent the allele frequencies at the two

174   time points, t is the number of generations between sampling (1 day/generation), and S1

175   and S2 are the sample sizes at time 1 and time 2, respectively. Ne was calculated for each

176   site from each patient dataset, and quartile summary statistics were generated.

177   The geographic subdivision test was carried out as described by Achaz et al. (1).

178   The test statistic, p, is determined by comparing the genetic distance between populations

179   sampled at different times with the distances obtained after repeated shuffling of the same

180   two sets of sequences, and determining how often the distance between the randomized

181   sets exceeded the observed distance. The lower the value of p, the less the chance that

182   two populations arose from the same population (panmixia), with values $p < 1 \times 10^{-9}$

183   indicating that population shift has occurred. Statistical tests for significance of

184   correlation coefficient were performed. In analysis of temporally spaced samples, Fisher

185   exact test was used to determine whether differences in allele frequencies between time

186   points were significant. To determine whether an allele was fixed or newly emerged, we

187   studied all positions that were polymorphic at one time point and monomorphic at the

188   other. To identify only those changes that were due to true fixation or emergence, we

189   eliminated those positions in which sampling error could have been responsible for the

190   absence of the minor allele. To eliminate sampling error, we determined the allele

191   frequency at the time the allele was polymorphic, and then calculated the Poisson

192   probability that an allele frequency of zero (not finding polymorphism at that position) at

193   the second time point. For example, if the allele frequency at time 1 = a, then the Possion

194   probability of finding an allele frequency at time 2 =0 is calculated as $p(0) = e^{-a}$. If $p(0)$

195   <0.05, then it was statistically unlikely that sampling error was responsible for the

196   absence of polymorphism and we concluded that the polymorphism had arisen or had

197   undergone fixation.

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Results

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201   We used single-genome sequencing (SGS, (7, 23, 38)) to study *pro-pol* evolution

202 in 33 HIV-infected treatment naïve patients, all with unprotected sex as their risk

203 category (Table 1). Study patients were predominantly male with an average age of 35.1

204 years; patients were infected from an estimated 9 days to over 15 years prior to the first

205 sample based on patient history and laboratory studies; 22 patients were infected for <1

206 year; all but one (patient 1) had a positive western blot at the time of phlebotomy. All

207 patients had CD4 lymphopenia with median 401 CD4 cells/µl blood, and viral RNA

208 levels ranged from 3.1-6.1 $\log_{10}$ copies/ml plasma. As described (23, 38), SGS produces a

209 dataset of individual sequences derived from single HIV genomes that is ideally suited to

210 investigate genetic diversity because of its low error rate, undetectable assay-based

211 recombination, and absence of founder effects due to resampling. We obtained an

212 average of 22 (range 9-51) sequences for each time point. To investigate the precision of

213 these determinations, we constructed theoretical populations, which we sampled with

214 multiple replicates of increasing sample sizes. As shown in Figure 1, increasing sample

215 sizes above 10 sequences yielded adequately precise measurements of genetic diversity

216 (to within 1% of theoretical value, with standard error of mean=0.11). This level of

217 sampling yields reproducible measurements of genetic diversity.

218   Among these study patients, *pro-pol* nucleotide diversity, as measured by percent

219 average pairwise difference (APD), ranged nearly 100-fold from 0.02% in early (< 1 year

220 duration) infection to slightly more than 2% after 15 years of infection (Table 1).

221 Notably, all but one (patient 1) of the early infection patients had positive western blots,

222 demonstrating that a strong serologic response was already present. We first compared

223 the minimum duration of infection with genetic diversity of each patient sample tested.

224 Overall, there was a significant correlation between the minimum duration of infection

225 and diversity, measured as average pairwise distance (APD) (r^2=0.47, p<0.001),

226 indicating a progressive increase in diversity with time. Detailed analyses revealed that

227 the rate of accumulation of APD was not uniform, however. As shown in Figure 2A,

228 analysis of all samples from the 33 patients revealed that, early in infection (patients 1-

229 13), APD increased relatively rapidly, at an overall rate (0.006 percent/day r^2= 0.45,

230 p=0.002), which approximated that expected from the mutation rate of reverse

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231   transcriptase (corresponding to an increase of 0.004 percent/day, assuming 1 replication

232   cycle/day (31, 39, 40), Figure 2B), and which was similar to previously published data

233   (22). As Keele et. al (24) and others have reported, analysis of HIV genetic diversity in

234   early infections revealed that pairwise differences were Poisson distributed, indicating

235   that overall, mutations occurred randomly throughout the sequence. Consistent with

236   earlier findings, we identified several individuals with recent HIV infection with HIV

237   populations with higher genetic diversity than expected assuming a single infecting virus,

238   indicating infection with more than one founder (Figure 1A).

239   In contrast to recent infections, when analyses were restricted to the patients

240   infected for more than 1 year, APD increased 0.0002 percent/day (r^2= 0.49, p=0.005

241   Figure 2C), indicating ongoing accumulation of new mutations, albeit at a rate about 30-

242   fold less than in early infection. During the period where accumulation of diversity

243   slowed (1-2 y), we noted considerable range in diversity among patients (Figure 1A, and

244   Figure 2D), suggesting variable effects of selection and drift.

245   The period approximating 1 year of infection included samples with a relatively

246   wide spectrum of genetic diversity. To investigate whether mutations were distributed

247   randomly throughout *pro-pol* , we analyzed the distribution of pairwise differences. As

248   previously described, random accumulation of mutations will yield distributions

249   according to Poisson statistics, while nonrandom mutation will result in skewed pairwise

250   differences. Analysis of the distribution of pairwise differences in HIV populations from

251   chronically infected individuals revealed distributions with strong Poisson characteristics,

252   but with deviations from ideal Poisson populations (Maldarelli, unpublished data). These

253   data suggest that mutations continue to accumulate in random fashion during chronic

254   infection, but specific changes may occur as well.

255   To further characterize the accumulation of new mutations, we compared changes

256   in synonymous and nonsynonymous diversity over time. As shown in Figure 2E, both

257   nonsynonymous and synonymous diversity increased sharply during early months of

258   infection; however, approximately 8 months later, nonsynonymous diversity stabilized

259   and synonymous diversity continued to increase. These data indicate that PR and RT are

260   undergoing change largely under purifying selection most likely as a result of constraints

261   on protein structure.

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262   Although we detected a significant correlation between genetic diversity and

263   duration of infection, the correlation coefficients for recent and chronic infection

264   (r^2=0.45, r^2=0.49, respectively) indicated that duration of infection explained only a

265   portion of the variability in genetic diversity. To look for other correlates, we compared

266   virologic and immunologic measures. No correlation was found between diversity and

267   plasma HIV RNA or CD4 count in individuals with established HIV infection (duration

268   of infection >3 months, Figure 3A and B, r^2=0.04 and r^2=0.07, respectively), indicating

269   that overall HIV *pro-pol* genetic variation was not associated with the level of viremia or

270   extent of immunodeficiency.

271   We further investigated the relationship between genetic diversity and time with

272   longitudinal sampling of 12 patients with HIV infection and varying baseline diversity.

273   To determine the relative tempo of HIV variation, we compared sequences from samples

274   obtained on a daily, monthly, and yearly basis by phylogenetic analysis. As we and others

275   have shown (22, 24, 41, 49, 59), HIV population structure was relatively monomorphic

276   during early infection (Figure 4, patient 2, panel D) , which arose from the few mutations

277   that appeared over the relatively short period of observation. Early in infection (<1 y),

278   diversity increased approximately as predicted by the mutation rate (Figure 4, patient 8)

279   as previously noted (22). By contrast, during chronic HIV infection, diversity remained

280   relatively stable (Figure 4, patients 11, 19, 24,25,26 panel B), even during progressive

281   decline of CD4 cell counts (Patients 19 and 25) and more than 10-fold increases in HIV

282   RNA levels (Patient 25). As expected from cross sectional data (Figure 2A), increases in

283   diversity were, nonetheless, detectable in temporally spaced samples obtained from

284   individual patients, although consistent rates of divergence among all patients were, in

285   general, not discernible (data not shown). Analysis of daily samples from two patients

286   revealed no variation in HIV diversity over a 10 day observation period (Figure 4, patient

287   24, daily samples, panel B, second patient not shown), excluding rapid fluctuation due,

288   for example, to differential seeding of the population from genetically distinct tissue sites

289   of replication.

290   Neighbor-joining analysis revealed that temporally spaced *pro-pol* sequences

291   remained highly related to one another. Samples obtained on a daily basis (Figure 4,

292   patient 24) or over 5 years revealed that only a few (1-6) sequences or clusters of

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293   sequences from individual times had bootstrap values (>75%) sufficient to support the
294   observed branching (Figure 4, patients 8, 11, 24, 25, 26 panels D, thick colored bars). Of
295   the 12 patients with longitudinal sampling, one (Figure 4, patient 25, panel D, blue
296   branches) had evidence for divergence in a subset of 6 sequences after a sampling
297   interval exceeding five years,and a second (patient 19) had evidence of emergence of a
298   distint lineage after nearly 14 years. In the remaining patients, phylogenetic topologies of
299   temporally spaced samples suggested a shared common ancestry for HIV sequences; the
300   most recent sequences did not demonstrate progressive accumulation of diversity
301   compared to the earliest sequences.

302   Temporally spaced data were also useful in providing a detailed view of HIV
303   polymorphisms and identify changes in individual allele frequencies over time. As shown
304   in Table 2, for 10/11 patients a relatively small number of alleles underwent change
305   during the observation period (median 9%, range 0-18%). None of the alleles that
306   emerged or underwent fixation were linked to alleles that underwent significant change in
307   allele frequency, indicating that fixation did not result in a selective sweep that carried
308   other alleles. Rather, the occurrence of unlinked polymorphisms emerging or undergoing
309   fixation in this fashion indicates that populations are highly diverse, and certain lineages
310   were simply lost or emerged as result of new mutation. Most sites did not undergo
311   changes in allele frequency, suggesting that selection at these sites was not sufficiently
312   strong to change the frequency. HIV from one patient (patient 19) underwent significant
313   change during a prolonged observation period (5099 d) with 43% of 90 polymorphisms
314   undergoing significant change, 21 of which were new or lost alleles, a number of which
315   were linked (Table 2). As shown in Figure 4, the HIV population structure in this patient
316   was distinct, with all of the sequences from the later time point on a distinct lineage with
317   strong bootstrap support, accounting for the number of new changes. Patient 25 also had
318   a new bootstrap supported lineage emerge after a long period (5.7 years), but also had a
319   number of variants present.

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321   Recombination is a common phenomenon in HIV replication; as we previously
322   reported, approximately 6% of infected cells are likely infected with more than one
323   provirus (21), providing the opportunity for recombination to occur. In HIV infected

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324   patients, recombinants accrue during the entire course of infection. As a result,
325   demonstration of recombination using standard phylogenetic techniques (18) detected
326   frequent evidence of recombination with recombination intervals of 36-120 nt
327   (Maldarelli, unpublished observation).

328   Despite the absence of clear phylogenetic evidence of divergence and the
329   relatively stable intrapatient viral diversity, substantial population shifts were detectable
330   when we applied an adaptation of the geographic subdivision test (1) to identify patterns
331   of population structure. Population shift is indicated by a loss of panmixia, (a population
332   characteristic in which all sequences in the sample comparison belong to a single
333   replicating group); in comparing sequences from two different time points, a low (1 X
334   10^{-9}) probability of panmixia indicates population divergence. In contrast to the relatively
335   homogeneous populations indicated by the NJ analyses, the geographic subdivision test
336   showed clear evidence of population shift in *pro-pol* sequences from patients with HIV
337   infection sampled over prolonged periods (Figure 4, panels C, patients 8, 11, 19,
338   24,25,26), whereas at short intervals (patient 2 or patient 24, daily samples) no evidence
339   of population shift was detectable. Cumulative analysis of all intrapatient pairwise
340   comparisons revealed that the median time to population shift (defined as a probability of
341   panmixia $<10^{-9}$) was 1017 days, and the minimum duration before shift was detected was
342   193 days (Figure 5). These data are consistent with our initial report of the population
343   subdivision adaptation (1) and indicate that significant change in HIV *pro-pol* population
344   structure takes place with a time scale that is 100-1000 fold longer than the replication
345   cycle time of HIV *in vivo* (1-2 d).

346   The relatively slow rate of population shift in HIV population structure implies
347   relatively large replicating populations *in vivo*. Therefore, we used two tests to investigate
348   further the effective size (N_e) of the HIV populations. As shown in Figure 6, coalescent
349   analyses (diamonds) yielded uniformly low measures of effective population size, on the
350   order of 100 to 1000, similar to estimates previously reported (7, 10, 14, 50, 53), a
351   surprising result in light of the slow change in population structure detected by the
352   population subdivision analyses. This difference may be due to the fact that this method
353   ignores the contribution of selection and recombination, both of which can lead to
354   underestimation of population size (29, 45). Therefore, we next determined population

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355   size using a phylogeny-independent method described by Nei and Tajima (55) and

356   Waples (57). This method estimates population size based on the rate of change of

357   individual allele frequencies over time and thus yields a range of population sizes;

358   assuming no selection, large changes in allele frequencies yield the smallest estimates of

359   population size, and relatively small changes in allele frequency yield the largest

360   population sizes.As shown in Figure 6A (Whisker plot), N_e estimates varied by more than

361   10-100-fold among individual patients, reflecting a wide range of changes in allele

362   frequency among HIV *pro-pol* polymorphisms. HIV populations from two individuals

363   (patients 10, 14) had relatively narrow quartile distributions of population sites, reflecting

364   restricted range of allele frequency changes.

365   The median N_e estimates obtained using the latter method were in the range of

366   10^3-10^4 (Figure 3B), or >30-fold higher than that measured by coalescent-based methods,

367   and are more consistent with, although still less than, population sizes estimated from

368   linkage equilibrium analyses (45). Even the minimum estimates of allele frequencies

369   obtained by this method were, in general, greater than those estimated by coalescent

370   methods. To investigate the relative contributions of selection and drift on N_e, we further

371   analyzed the type of variability on a site by site basis (Figure 6B). We expected that

372   nonsynonymous polymorphisms resulting in changes in amino acids would be subject to

373   greater selective forces and would yield smaller values for N_e, whereas estimates of N_e

374   using synonymous polymorphisms would be less subject to selection and more

375   influenced by genetic drift, and would yield large N_e. Consistent with this expectation,

376   the overall population size measured using synonymous sites was greater than that

377   measured using nonsynonymous sites; the difference, however, was modest and of

378   marginal statistical significance (5,600 vs. 4,500 transmitting cells per generation for

379   nonsynonymous and synonymous sites, respectively, two sided t test, $p = 0.035$). We

380   investigated the estimates of population sizes by nucleotide position of polymorphisms

381   within *pro-pol* to investigate the role of synonymous and nonsynonymous sites and to

382   determine whether there were region-specific effects of drift or selection. As shown in

383   Figure 6B, the nonsynonymous and synonymous alleles that contributed to large and

384   small population size estimates were distributed throughout *pro-pol* and were not

385   localized by gene or domain.

386   The observation that some nonsynonymous sites yielded high population sizes
387   suggests that some sites are not undergoing selection; alternatively, it is possible that such
388   polymorphisms are maintained by frequent mutation at specific sites. If individual sites
389   were undergoing frequent mutation, we would expect to identify such sites as repeatedly
390   polymorphic in several individuals. However, of 56 nonsynonymous sites yielding
391   population estimates >20,000, only 2 (3.6%) were present more than once. As a result, it
392   is unlikely that frequent mutation at individual sites is responsible for persistence of
393   stable polymorphisms; these polymorphisms are more likely to be stably maintained over
394   time because of relatively large population sizes. Taken together, these data indicate that
395   measurements of HIV effective population sizes are heavily influenced by variations in
396   allele frequency and change over time and from one site to the next due to variation in
397   selection and drift. Our estimates should, therefore, be taken as a lower bound, and the
398   true values are likely to be much higher.
399

400 **Discussion**

401　　　HIV genetic diversity within individuals is the substrate upon which immune and

402 antiretroviral drug selection act. Previous studies (22, 24, 37, 41, 49, 59) have reported

403 that diversity in most recently infected individuals is very low, consistent with initiation

404 of infection with a single variant. In patients with established infection, *pro-pol* diversity

405 accumulated at a much lower rate than in recently infected individuals, and over the

406 course of infection, diversity increased in a non-linear fashion (Figure 2A). The strength

407 of the correlation between diversity and time for both early and established HIV infection

408 (r^2=0.47-0.55) suggests that duration of infection only explains a portion of the variability

409 in diversity. All of the participants in this study were infected with subtype B virus; a

410 recent study sequencing single genomes from early post-infection subtype C infected

411 individuals has identified a similar increase in genetic diversity in nonstructural genes

412 including *vif*, *vpu*, *tat* and *rev* (43).

413　　　The absence of association between *pro-pol* diversity and viral RNA level that we

414 observed is similar to a previous analysis of *env* diversity and viral RNA levels (4), and

415 implies that, despite 100 to 1,000-fold differences in the level of viremia, the number of

416 productively infected cells must be sufficiently large to sustain a highly diverse

417 population of virus. Furthermore, we found no instances of a sudden shift in the HIV

418 population that would suggest a bottleneck due to a selective sweep or other strong

419 limitation on the infected cell population size. Additionally, the absence of short term

420 fluctuations in diversity implies that the virus in blood is a well mixed population derived

421 from a constant, steady source, rather than localized bursts of virus from sites infected

422 with genetically distinct populations. Finally, in a related study, we have found that

423 diversity of the virus population is maintained throughout the course of infection, even

424 following reductions in the number of productively infected cells by 10,000 fold

425 following antiretroviral therapy, indicating a large population of infected cells (Kearney,

426 et al., presented at the 17th Conference on Retroviruses and Opportunistic Infections, San

427 Francisco CA, Feb 16-19, 2010). As previously observed (22), genetic diversity early in

428 HIV infection accumulated at a rate approximating that expected from its mutation rate.

429 In contrast, accumulation of diversity slowed by more than 30-fold in chronically

430 infected individuals, suggesting a restriction on accumulation of new mutations.

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431   Differential accumulation of synonymous and nonsynonymous mutations is consistent

432   with limitation of diversity due to purifying selection. In general only a small proportion

433   of polymorphisms underwent change over time, fewer still were fixed and only in one

434   patient (patient 19), with strong phylogenetic evidence of emergence of a distinct variant

435   more than 13 years after infection, were these fixed polymorphisms linked (Table 2) .

436   Previous reports of accumulation of variation in *env* according to a strict (51) or relaxed

437   (25) molecular clock were not reflected in our overall analysis of *pro-pol*. Instead,

438   diversity increased asymptotically, with maximum APD values on the order of 2% about

439   15 years after infection, suggesting a limit to the amount of diversity that can accumulate

440   within an individual. Similar conclusions (45) on the lack of temporal structure in HIV

441   sequences have been drawn from analyses of *env* sequences in several patients (5).

442   Maximum intrapatient *pro-pol* diversity during chronic infection was still substantially

443   lower than the corresponding interpatient pairwise comparisons, which typically

444   exceeded 5% ((22) and data not shown). In addition it is not clear why accumulation of

445   diversity slowed markedly after 9-18 months of infection. It is unlikely that slowing in

446   diversity accumulation was the result of onset of immune responses, as accumulation of

447   diversity occurred after development of serologic and cellular immune responses. These

448   data indicate that, within an individual, HIV genetic variation remains restricted, by

449   strong purifying selective forces.

450   All of the participants in this study were infected with subtype B virus. It will be

451   of great interest to determine whether other subtypes have similar intrapatient diversity,

452   and accumulate diversity at rates comparable to subtype B. Recently, Rossenkhan and

453   coworkers (43) conducted a detailed analysis of subtype C infected individuals,

454   sequencing single genomes from early post-infection individuals to obtain diversity

455   estimates for HIV accessory genes including *vif*, *vpu*, *tat* and *rev*. Similar to subtype B,

456   genetic diversity was restricted in these early infection samples and accumulated over

457   time. A comprehensive analysis of subtype specific genetic variation will yield new

458   insights in understanding HIV pathogenesis.

459   The relative size of the replicating HIV population (N_e) remains uncertain, but is a

460   critical parameter in understanding the spread of new mutations conferring resistance and

461   immune escape (8, 9, 37). In relatively small populations (<<1/mutation rate or

462   $<<3X10^4$), new mutations spread in stochastic fashion, while in large populations

463   ($>>1$/mutation rate or $>>3X10^4$), emergence of new variants approaches a deterministic

464   limit (47). Estimating replicating population sizes typically uses coalescent approaches.

465   Coalescent theory is an inherently retrospective approach rooted in neutral population

466   genetics theory that reconstructs a genetic history based on present population structure.

467   The model assumes mutations arise according to a constant mutation rate in a strict

468   molecular clock-like fashion; all alleles are neutral, reassort in random mating in

469   populations that remain constant in size. Using a contemporaneous set of polymorphisms

470   with measured allele frequencies in populations, coalescence uses probability analyses to

471   reconstruct an entire population history, identifies times when genealogies "coalesce" to a

472   most recent common ancestor (MRCA) of the population, and describes the most

473   probable pathway to the ancestor, depicted in dendrograms that are measured in time

474   (rather that genetic distances present in phylogenetic analyses). Based on genetic

475   diversity determinations, a replicating population size can be estimated. Coalescence

476   theory generally underestimates population size, but represents a powerful approach to

477   reconstructing genetic histories of diverse variants including HIV (60) over long periods,

478   where genetic diversity is substantial. In analysis of intra patient data, however, the

479   genetic diversity is more restricted, and coalescent approaches may be more sensitive to

480   the effects of selection, yielding lower estimates for population size. In our estimates,

481   standard coalescent approaches yielded uniformly low replicating population sizes, in the

482   range of 10 to 100 (Figure 3). Additional analyses using allele frequency variation to

483   estimate N_e yielded replicating population sizes that were 30- fold greater than by

484   coalescent based estimates, and these estimates varied greatly from one site to the next.

485   Site by site analysis also revealed that both synonymous and nonsynonymous

486   polymorphisms underwent relatively slow change, indicating that some nonsynonymous

487   sites are subject to relatively little selection. In addition, we also observed

488   nonsynonymous and synonymous sites that underwent change at relatively rapid rate,

489   suggesting that such sites were undergoing selection compared to others. Constraints on

490   nonsynonymous sites have been well described: additional selective forces, including

491   RNA structure and codon preference, may affect the allele frequency of synonymous

492   sites. One consequence of large population sizes is a relatively long time to detectable

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493 genetic shift. The median time of approximately 1000 days (corresponding to about 1000

494 virus generations) for population genetic shift to appear suggests that, prior to therapy,

495 HIV replication proceeds as a large, well mixed population without selective sweeps or

496 rapid changes in composition. Since many, if not most, of the nonsynonymous changes

497 in HIV that become fixed during all phases of infection are in sites recognized by the

498 cellular or humoral immune response (22, 26, 28, 56), the absence of detectable

499 bottlenecks in the population associated with their appearance implies that the selective

500 force imposed by the immune response to any given epitope, although readily detectable

501 by the selection of escape mutations, is not sufficiently strong to influence the overall

502 population size or structure.

503   Our finding of relatively large population sizes contrasts sharply with previous

504 studies that concluded the existence of relatively small population sizes using *env*

505 sequences for analyses. Earlier *env* datasets available for study, such as Shankarappa (51)

506 are extensive, but have relatively few individual plasma-derived sequences compared to

507 the larger numbers of sequences used here to determine population size. For comparison

508 purposes, we did carry out a site by site analysis on two patients in the Shankarappa

509 dataset with 10-11 sequences/time point. Our analysis revealed median population sizes

510 of 2736 (range 2362-53702) and 5688 (range 3197-62571) similar to what we have

511 identified in *pro-pol*; the high upper boundaries of these determinations represent the

512 contribution of alleles with relatively stable allele frequency over time and reflect the

513 presence of relatively large population size. New studies with more single genome

514 sequences will be useful in directly estimating population sizes using *env* and *pro-pol*

515 sequences.

516   Population sizes in the range of 1×10^4 to 1×10^5 approximate the inverse of the

517 estimated unselected mutation rate of $3\text{-}4 \times 10^{-5}$ (31); HIV mutation rate in vivo has not

518 been well studied, and actual mutation frequencies are likely to be strongly influenced by

519 both selection and genetic drift (12, 14, 44-46). This conclusion is consistent with the

520 detection of alleles with rapid (selection) and slow (drift) change and with the overall

521 slowing in accumulation of diversity in chronic HIV infection. The issue becomes

522 particularly important in considering the frequency of drug resistance mutations in

523 untreated individuals. The rapid and reproducible appearance of such mutations

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524   following monotherapy with antiviral drugs such as 3TC (16), and single-dose nevirapine

525   (19) implies their presence in the replicating virus population in most or all infected

526   individuals prior to therapy. Their frequency will be determined by the balance between

527   mutation, counterselection, and drift (47), but must be at least the inverse of the

528   replicating population size, on average. Studies to date using sensitive allele-specific

529   PCR methods, however, have failed to reproducibly detect such mutations, suggesting

530   that the population size may be substantially larger than estimated here. Further

531   development of very sensitive mutation detection technology as well as advances in

532   mathematical modeling will be needed to resolve this important issue and provide critical

533   tests of the selection-drift hypothesis and a better understanding of the virus population

534   size and structure, which can be directly applied to understanding the emergence of drug

535   resistance.

536   The population studies reported here have broad implications for understanding

537   the pathogenesis and therapeutic responses in other chronic viral infections, especially so

538   for those viruses with constantly replicating populations in chronic infection and new and

539   expanding therapeutic agents, such as hepatitis B and C. Hepatitis B has a number of

540   effective therapeutic agents, although determinants of viral control and resistance are

541   poorly understood. Genetic diversity is substantial, but the relationships between genetic

542   diversity, population size and emergence of resistance have not been extensively

543   investigated (52, 61). Therapy for hepatitis C has expanded with additional targets and

544   therapeutic agents; cure rates have improved but the virologic correlates of eradication

545   are incompletely understood. Population genetics studies have demonstrated hepatitis C

546   populations are highly genetically diverse, even relative to HIV, so it is likely that,

547   similar to HIV, drug resistant mutations will pre-exist prior to therapy. Intrapatient

548   genetic variation has been investigated (6, 17, 27, 30, 36), although population sizes have

549   not been extensively investigated and it is not known how fast new drug resistant

550   mutations may be expected to emerge. Additional studies, such as those reported here

551   will have direct applications in the design of clinical trials and the composition of

552   combination therapy necessary to eradicate viral infection.

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780 **Figure Legends**

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782 **Figure 1.**

783 Determining precision of SGS. (A) Theoretical Poisson-distributed populations of 1000

784 sequences with average pairwise difference of 1% were generated. Seven replicate

785 samples of increasing numbers of sequences from 2-100 sequences per sample were

786 obtained and APD determined .(B) Standard deviation of the APD determinations.

787

788 **Figure 2.**

789 Non-linear accumulation of HIV diversity over time.

790 A, Overall diversity expressed as percent average pairwise difference was determined

791 from alignments of *pro-pol* sequences obtained from all samples from patients 1-27 and

792 presented as a function of minimum duration of infection as defined in Materials and

793 Methods. Patients for whom only a single sample was available for analysis are shown in

794 black. B. Accumulation of mutations in recently infected individuals (patients 1-13). C.

795 Accumulation of mutations in chronically infected individuals (patients 14-27). D.

796 Accumulation of mutations during 0.5-3 y duration.

797 E. Diversity measurements were obtained separately for synonymous (red squares) and

798 nonsynonymous (blue triangles) sites from SGS datasets using DNASP, and are

799 presented as a function of time after infection. To avoid overweighting of patients with

800 multiple samples, only the earliest time point for each patient was included for analyses

801 in B-E.

802

803 **Figure 3.**

804 No correlation between HIV genetic diversity and level of viremia or CD4 cell

805 concentration Overall diversity expressed as percent average pairwise difference was

806 determined from alignments of *pro-pol* sequences obtained from all samples from

807 patients 1-27 and presented as a function of minimum duration of infection as defined in

808 Materials and Methods. Correlation between diversity and viral RNA level (A) or CD4+

809 T cell count (B). Only the earliest time point from each patient was included for analysis.

810

7

811   **Figure 4.**

812   HIV *pro-po*l diversity and population shifts in HIV infected patients.

813   Each patient enrolled in the study underwent phlebotomy at the study days indicated. A.

814   The level of viremia (boxes) and CD4 lymphopenia (diamonds) was determined.

815   Samples indicated by colored circles were subjected to SGS. B. Sequences obtained by

816   SGS at the indicated times were aligned and APD was determined. C. Sequences from

817   the indicated time points were compared to the sequence set from the earliest time point

818   in the patient dataset, and the probability of panmixia was calculated (1). D. Neighbor

819   joining trees of the entire dataset were constructed from the alignments, with each

820   sequence colored to correspond to the sample time in (A). Trees were subjected to

821   bootstrap analysis (1000 replicates). The branches having bootstrap support values >75%

822   are highlighted in bold using the color of the sampling date. The outgroup in each case is

823   pNL4-3; for ease of display the distance to the outgroup for some phylogenetic trees is

824   reduced as indicated.

825

826   **Figure 5.**

827   Shifts in HIV populations with time. Plasma HIV RNA sequences were obtained from

828   individual time points. The population subdivision test was performed for all pairwise

829   combinations of samples for each patient dataset, and the probability of panmixia result is

830   reported here as a function of the time between the sample pairs. Data for a series of 8

831   patients and 101 pairwise comparisons is presented. The median time to achieve a low

832   probability of panmixia (10^{-9}) was 1017 days.

833

834

835

836   **Figure 6.**

837   Estimates of HIV replicating effective population size (N_e) *in vivo* using two methods.

838   A. N_e was calculated for the virus population in each of the 10 patients shown as

839   described in Materials and Methods using a coalescent-based method (diamonds). In

840   addition, N_e was determined by measuring the change in allele frequencies for each

841   polymorphic allele in *pro-pol*, and presented as box and whisker plots, with the box

8

842   extending one quartile from the mean value and the ends of the whiskers indicating the

843   extreme values. B. The population size estimated from changes in allele frequency at

844   each individual site for all patients as a function of position in the *pro-pol* amplicon.

845   Population sizes determined from allele frequency changes at synonymous (red) and

846   nonsynonymous sites (blue) are indicated; box and whisker plots summarizing the

847   average population size estimates for all patients are presented adjacent to the

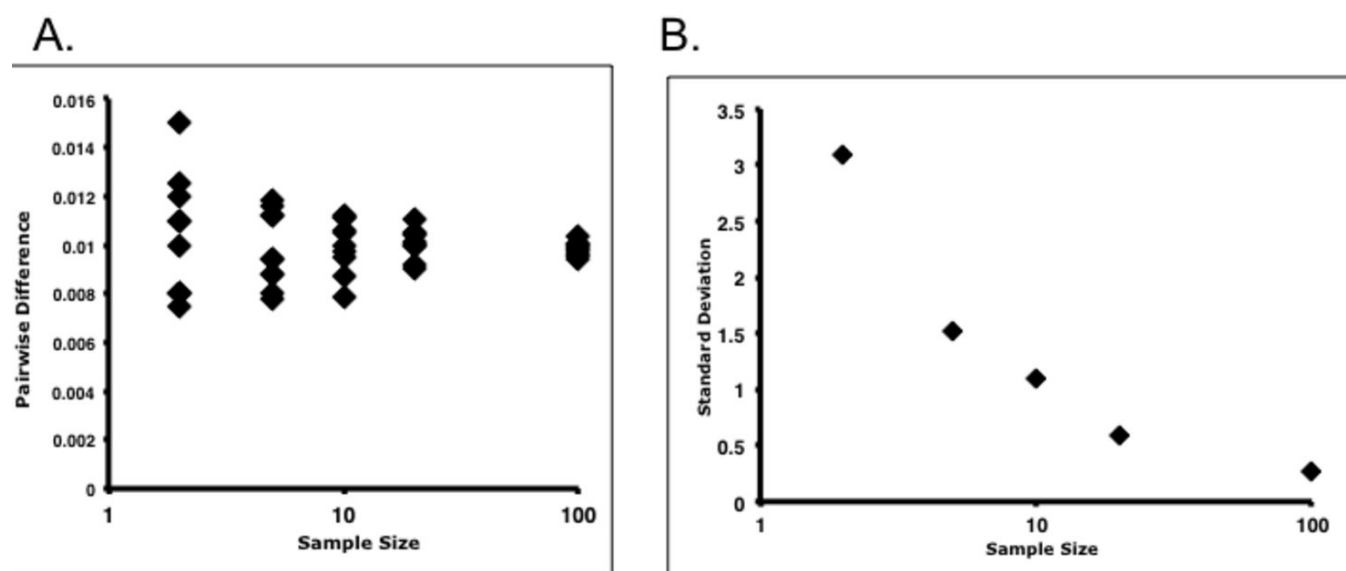848   distribution.

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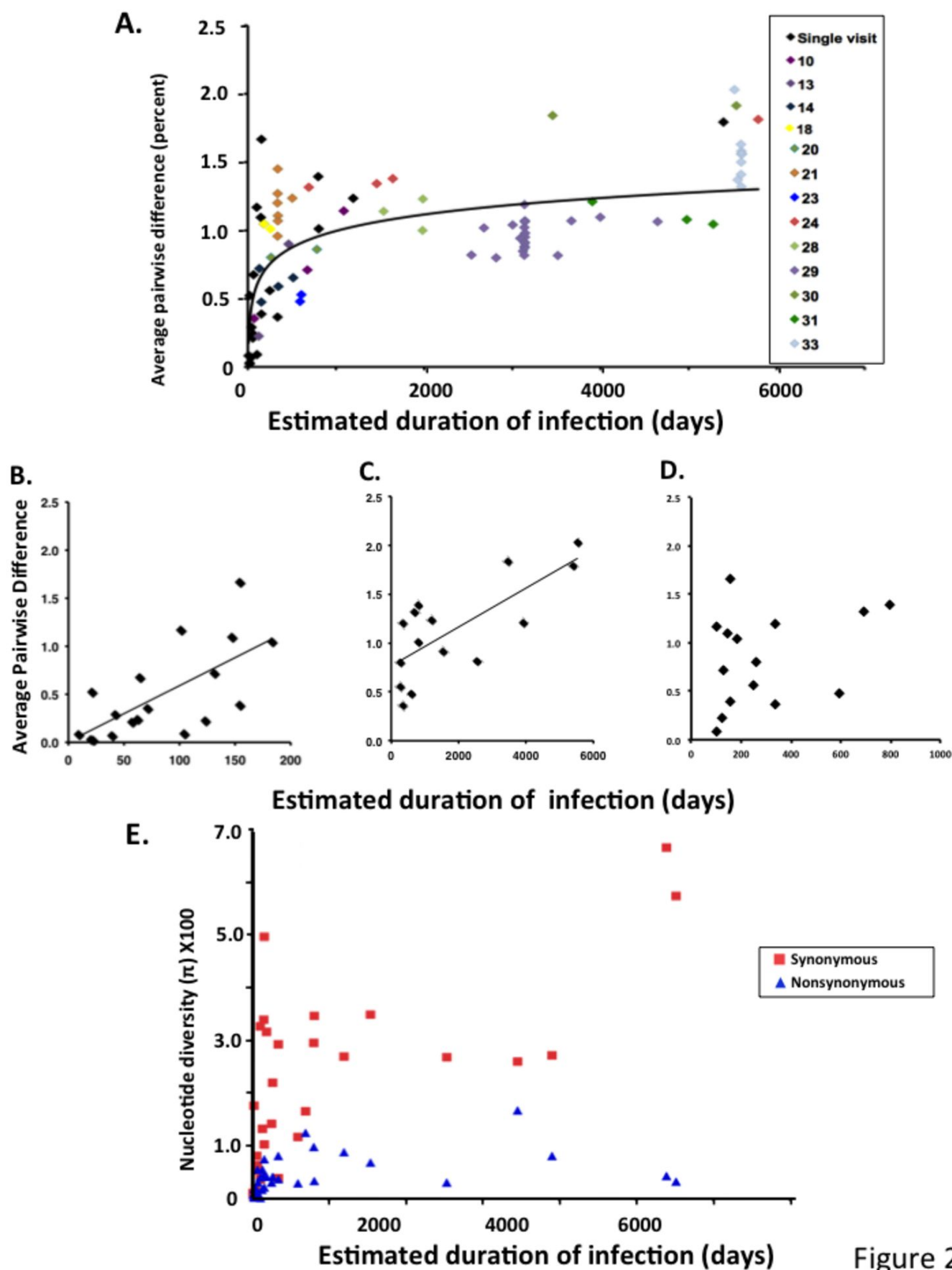853

A.

B.

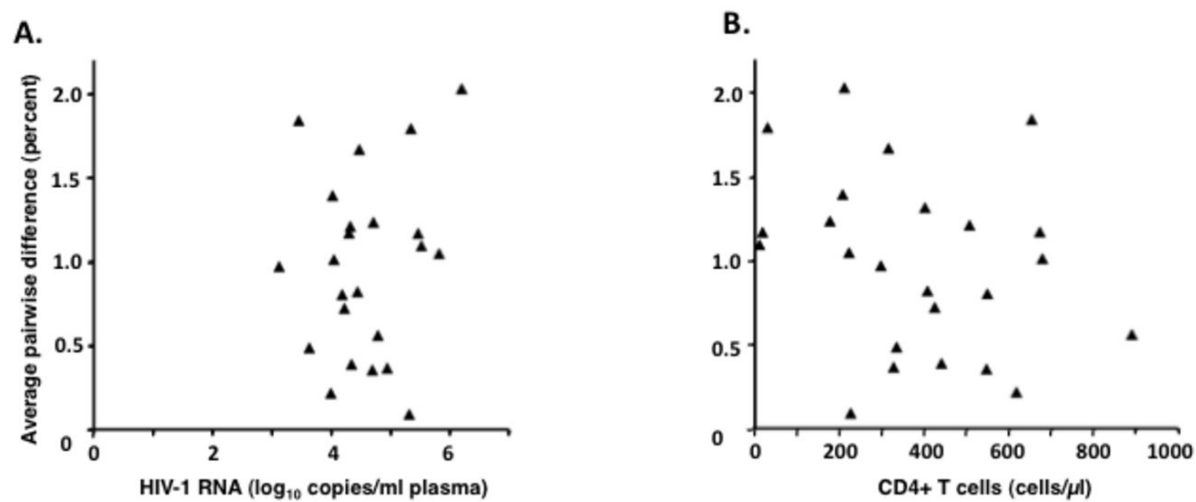Figure 1

A.

B.

C.

D.

E.

Figure 2

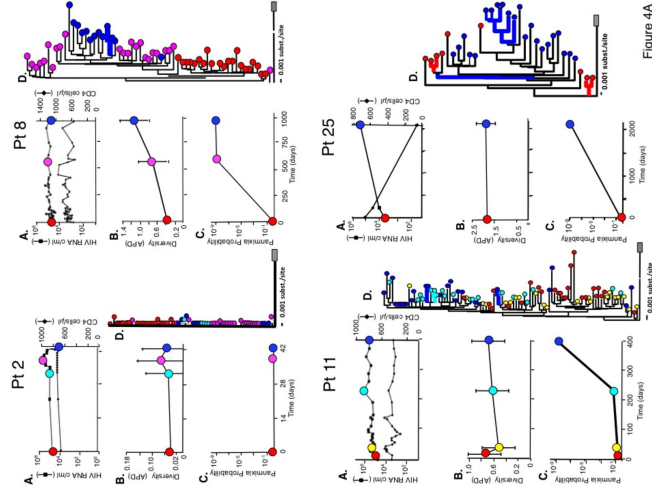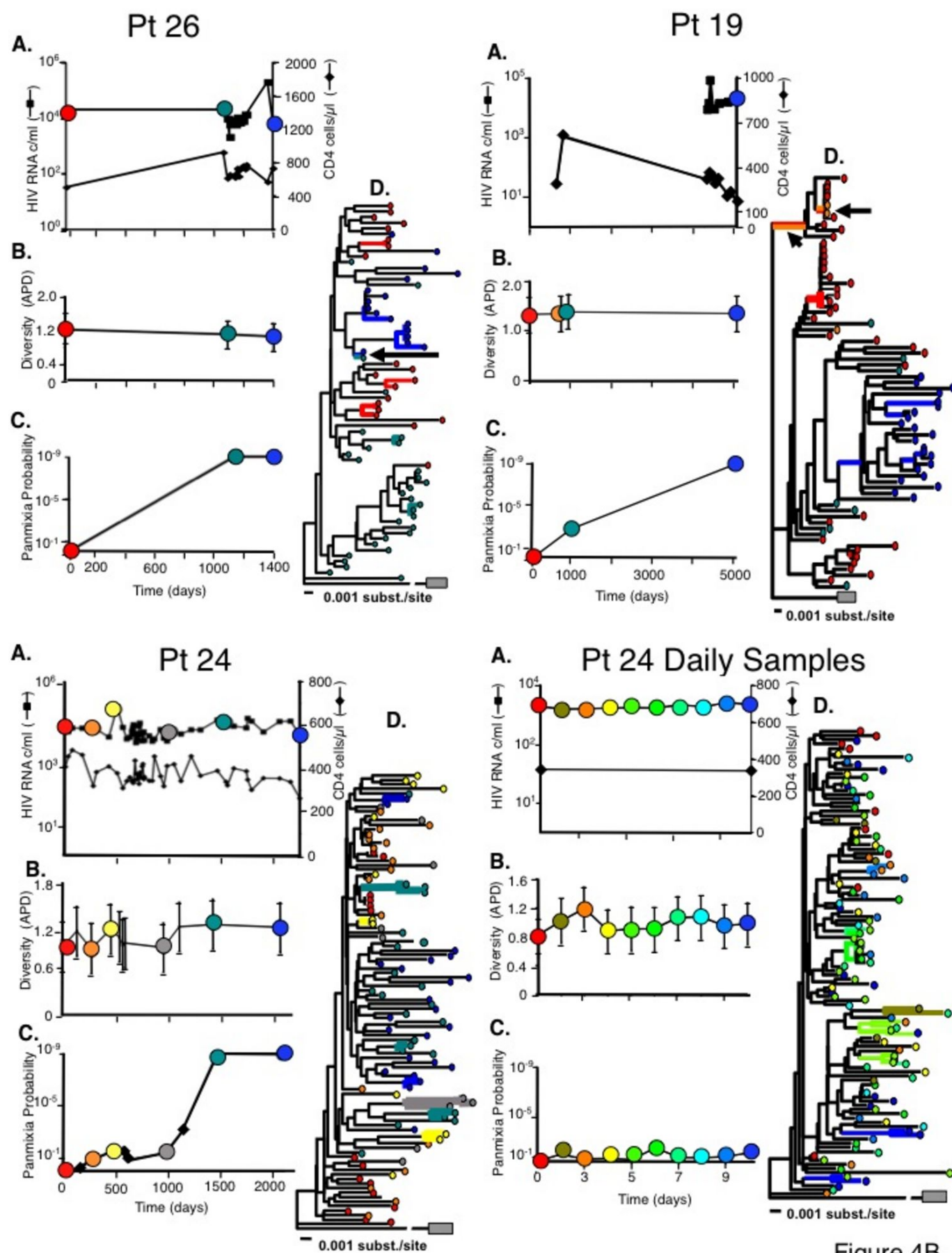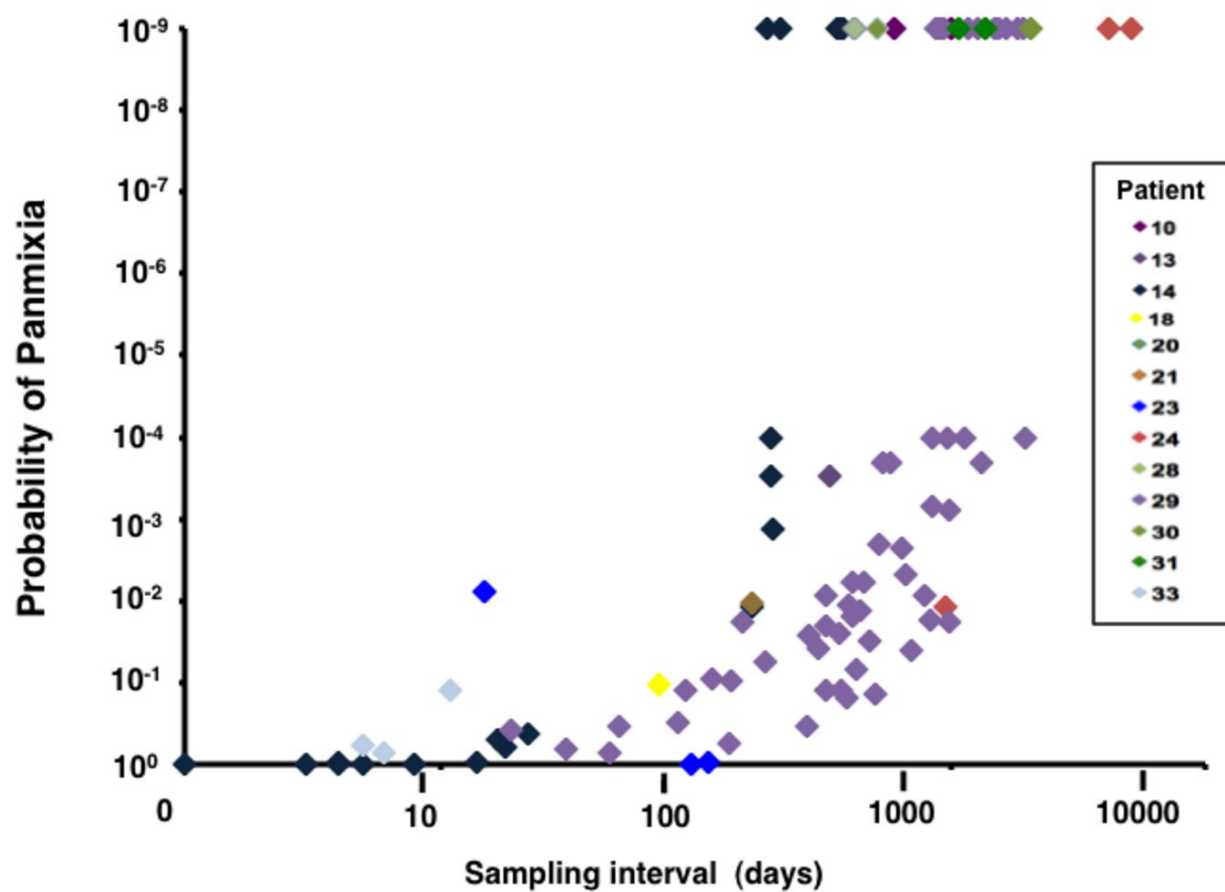**A.**

B.

Figure 3

Figure 4A

Figure 4B

Figure 5

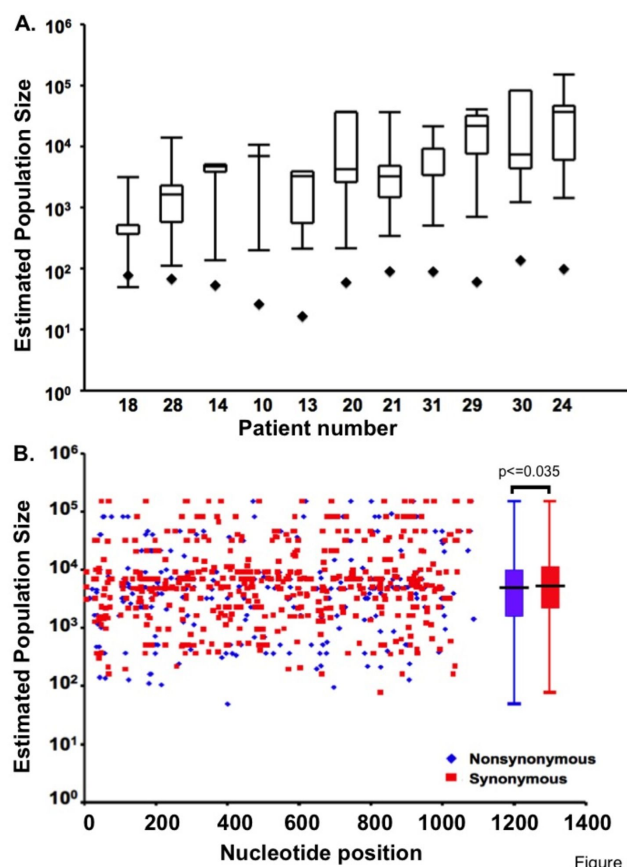Figure 6

Table 1. Patients in the Study

Patient Number	Sex	Age	Duration of Infection (days)	CD4 (Cells/µl)	RNA ($\log_{10}$ copies/ml)	APD (percent)[1]
1	F	43.1	9	495	5.67	0.08
2	M	35.8	20	628	4.66	0.03
3	M	33.2	21	205	4.60	0.52
4	M	29.8	22	790	5.16	0.02
5	M	39.5	39	298	5.37	0.07
6	M	30.8	42	494	3.89	0.29
7	M	33.3	57	311	5.31	0.21
8	M	51.1	62	579	4.86	0.24
9	F	38.2	64	6	5.00	0.68
10	M	29.7	71	546	4.69	0.35
11	M	46.5	101	18	5.46	1.17
12	M	37.9	104	226	5.31	0.09
13	M	29.3	123	617	3.99	0.23
14	M	43.5	131	424	4.22	0.72
15	M	43.5	147	11	5.52	1.10
16	M	23.9	154	315	4.47	1.67
17	M	28.5	154	440	4.34	0.39
18	M	30.4	183	222	5.82	1.05
19	M	35.8	249	890	4.78	0.56
20	M	26.5	263	548	4.18	0.80
21	M	51.1	336	672	4.30	1.20
22	M	19.5	337	327	4.94	0.37
23	M	29.9	592	334	3.63	0.48
24	M	26.2	691	401	NA	1.32
25	M	48.3	798	207	4.02	1.39
26	M	32.4	804	678	4.04	1.01
27	M	40.5	1195	177	4.71	1.24
28	M	33.1	1540	297	3.12	0.92
29	M	28.5	2536	407	4.44	0.82
30	M	35.5	3457	653	3.45	1.84
31	M	41.9	3907	506	4.32	1.21
32	M	51.5	5396	30	5.34	1.79
33	M	40.1	5521	211	6.20	2.03

[1]Average Pairwise Distance

Table 2.
Polymorphism Analysis

Patient Number	HIV-1 RNA (copies/ml)	Duration of interval between sampling (days)	Polymorphisms with change in allele frequency (percent)*	Number of polymorphisms that arose or underwent fixation**
8	4.7	1017	3.6	3
10	4.0	339	14	4
11	4.2	383	5.9	0
13	5.8	72	0	0
15	4.2	520	10	3
16	4.3	168	8	1
19	NA	5099	43.3	21
23	3.1	422	13	0
24	4.4	2112	9	0
25	3.5	2085	5.1	3
26	4.3	1373	18	0
Median	4.3	520	9.0	1.0

* polymorphisms were identified and allele frequencies determined. Polymorphisms with change a significant change in allele frequency (Fisher's exact test p<0.05) were determined.

**determined as described in Methods.